Enhancing Water Productivity in Agriculture at Fokshingkot Lift Irrigation System

Dinesh Rajouria and Padma Prasad Aryal

Abstract: Ranibas village of Fokshingkot Village Development Committee (VDC), Palpa District, Nepal is a severe water scarce area. The nearest water source is spring water about 2.5 hours walk downhill (to and fro) to fetch a vessel of water and it is three hours for the farthest household of the area. A lift pumping system consisting of three stages, each of 100m lift and the fourth of 30m lift was (with total lifting of 330m), was constructed to deliver 1.94 liters per sec (l/sec) water for drinking purpose as well as for irrigation of five hectare of land. Despite failures of several lift pumping schemes for irrigation in Nepal, this high head lifting/pumping system has been successful. The 102 households are benefitted with easy availability of drinking water and also for irrigation with drip and sprinkler systems. The lift water supply system has helped in saving time of children and women for fetching water and also increased household income by farming supported by irrigation. The virtual labor saving value of one year surpasses the investment of the project.

Key words: Lift irrigation, high head pumping, low water required crops, Nepal

Introduction

Ranibas village of Fokshingkot VDC is located at about 26 km northeast from Tansen Municipality, the headquarters town of Palpa District, Nepal. Further, it is close to the 5.1 MW power house site of the Andhi Khola Hydropower Plant.

Basically, in a rural area, migration and poverty mitigation depends upon agricultural production probability. Scarcity of water for drinking and irrigation creates a fundamental concern and demands the need of a better approach, both for survival and livelihood. Marginalized land can be converted into productive land by providing irrigation through the adoption of various non-conventional technologies. Even a small spring source can be efficiently utilized to provide irrigation to the upland. Wherever possible gravity flow can be practiced through pipes, but lifting can also be a very good where electricity is available.

There are 102 households in the target area where a high lift water pumping system is installed for multipurpose use of drinking water and irrigation. The project area lies at about 1000m above mean sea level and is marginalized land. An irrigation system with multiple uses at Fokshingkot VDC is one of the best examples of providing irrigation water to the marginalized land.

Before the intervention of the project this community of 102 households faced acute shortage of water, as there was only one source downhill from the settlement. It used to take 2.5 hours to and fro to get a vessel of water from the nearest house and almost three hours from the farthest house. The healthiest adult could carry 20 liters of water at a time. People used to get up at around 4 o’clock a.m. to walk down the hill to join the queue to fetch. Even children were not spared, as they joined their parents to carry water up to their homes in order to meet domestic demand for the whole day and night until the next morning.

Almost every adult and old people involved in carrying water had some kind of complaint about their back. And, due to the hardship of fetching water, the community was forced to compromise with cleanliness. It is reported that every household used to spend on an average 4.5 hours fetching water. Consider the Nepalese wage of Rs. 150 per day, and the 4.5 hours wage for fetching water is equivalent to Rs. 87.30. Therefore, the total value per month is NRs. 2,531.25 per household. The net value for 102 households for one year comes out to be Rs. 3,098,250.00 (about US$ 39,218). It is evident that the virtual labor value of one year surpasses the total investment of the project.

The micro non-conventional lift irrigation system of Fokshingkot has also had an impact on the migration of inhabitants and has enhanced their livelihood making them relatively more healthy and wealthy. The population now not only has access to clean drinking water for household use, but also has water for irrigation to grow vegetables on the commercial basis. Hence, the Fokshingkot micro-irrigation system can be considered as a model system, one that addresses socio-economic status promotion of hill populations and optimum utilization of water resources along with the water management mechanism.

Background of the Project

The Ranibas non-conventional lift irrigation system is one of the model irrigation systems in Nepal, developed by funding from the Non-Conventional Irrigation Technology Project (NITP) under the Department of Irrigation (DOI), Nepal with users’ initiative and active participation in Ranibas, Ward 4, Fokshingkot Village Development Committee (VDC) of Palpa District. Construction started on March 19, 2006 and was completed by October 05, 2007, drawing water up from the spring, which is about 330m below the village.

There are all together four lifts; three of 100m each and one of 30m. The first three pump sets are 4.5 kW capacity of each, whereas the fourth one is 2.0 kW. There are also three collection tanks with the submersible pump laid inside. Each one pumps the water to their upper tank. From the third tank water is pumped to the two Thai Jars made of ferrocement with a capacity of 2000
litters each. Every household has a tap from which they get their water for drinking and irrigation. The system is called Ranibas Non-Conventional Irrigation System. It is designed to provide water for domestic use at the rate of 15 liters per capita per day to all 102 households, and to irrigate about 5 hectares of land in Ward 4 of Ranibas village. To manage the system, the users have established the Ranibas Non-Conventional Irrigation Water Users Association.

The irrigation water requirement was assessed for cabbage (October-January), cucumber (February-May) and tomato (June-September). The irrigation water requirement assessment showed, however, that there is no need to irrigate tomatoes, as the rainfall is sufficient during the cropping period.

The highest water demand is found to be in the month of April with 4,954.4 m$^3$ requiring the lower most pump to operate 24 hours. This has been the basis for deciding the discharge capacity of the pump. The total cost of the project at its completion is shown in Table 1.

### The Water Source

The spring water that ultimately flows down to the

<table>
<thead>
<tr>
<th>Payment and Contribution (with source)</th>
<th>Cost in Nepalese Rupees</th>
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</thead>
<tbody>
<tr>
<td>First package (DOI)</td>
<td>Rs 2,349,920.00</td>
</tr>
<tr>
<td>Second package (DOI)</td>
<td>377,442.00</td>
</tr>
<tr>
<td>Labor contribution (Users)</td>
<td>407,165.00</td>
</tr>
<tr>
<td><strong>Total Cost</strong></td>
<td><strong>Rs 3,134,527.00</strong></td>
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<td></td>
<td><strong>(US$ 39,677.00)</strong></td>
</tr>
</tbody>
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Table 1. Cost of the Project.

- **Households**: 102
- **Population**: 600 including school students
- **Proposed irrigation command area**: 5 ha.
- **GI pipe line**: 2 inch dia, 442 meter
- **Capacity of Pumps**: 3 sets at 4.5 kW and 1 set at 2.0 kW
- **Lift**: 3 stages of 100m and one of 30m, totaling 330m
- **Polyethylene pipe line**: 6 km
- **Discharge Rate**: 1.94 liters per sec.
- **Taps**: 95 no.
- **Meters**: 95 no.
- **Pump House**: 4 no.
- **Reservoir**: 2 no.
- **Plastic tank**: 1 no.
- **Pump**: 4 no. installed, 1 no. spare
- **Spring water collection tank**: 1 no
- **Thai Jar (ferrocement water storage tank)**: 2 no.

Table 2. Salient Feature of the Ranibas Non-Conventional Lift Irrigation System.
The project area of Fokshingkot is far from the highway, so to get the market the farmers have to carry their goods (vegetables) by themselves on their backs. For selling their produce, they are getting good prices. The farmers are especially attracted to chilly farming as the attack of insect is low and the chilly crop requires less water and it is also easy to carry and reach the market. Being a high water stress tolerable plant, chilly is becoming a popular crop for most of the farmers. The farmers have to give water in a timely fashion each week for chilly plants.

Apart from chilly, vegetables like cauliflower, cabbage, tomato and beans are produced as organic products, as chemical fertilizers are not used at all. As each household also has animals like cows, buffalo, goats and pigs, they have sufficient organic fertilizer.

Before the installation of the irrigation system, on an average, each household used to purchase vegetables worth about Rs. 3,000 (US$ 40) per annum. Now the situation is reversed by selling the vegetables to the market. And, out of the 102 households, the ratio of purchasing vegetables is decreasing within the households and in the market. The farmers are now not only getting the fresh vegetables for their own consumption but are also saving the money that they used to spend on vegetables. The economic analysis of the feasibility study shows that the economic internal rate of return (EIRR) is 31.54% and benefit cost ratio at 12% discount is 2.06.

Water Distribution and Irrigation Service Fee Collection

As per a memorandum of understanding (MOU) signed between the Department of Irrigation (DOI) and BPC (Butwal Power Company), the BPC is supplying the electricity to run the pumps at a considerably low tariff. It was agreed that BPC would provide the power required for the system and help install the three phase line, and charge only Rs. 1.53 per unit. Although the installation of the submersible pumps is complex, they are very easy to operate and require less maintenance when pumping silt free water. As per the MOU, the BPC technicians have already trained the pump operator in periodic maintenance (once in year).

Agricultural Practice

Maize is the main crop grown in the command area, because there is no terracing paddy field, paddy is not planted even in the rainy season. Secondly, they grow millet crops. In the dry season they used to plant wheat, potato and other vegetables. After the project began operating, however, the farmers have been practicing seasonal as well as off-season vegetable farming.

Almost all households in the project area are land owners of the following types: small land owners: 20%, small land holders, medium: 40%, large: 20% and very large: 20%, with less than 0.5 ha, 0.5 to 1.0 ha, 1.0 to 1.5 ha and more than 1.5 ha, respectively.

Almost 30 households are growing vegetables for income generation with largest cropping area of 0.2 ha and smallest cropping area 0.1 ha. The highest earning farmers sold vegetable of worth Nepalese Rs. 10,000, whereas the lowest earning farmer sold the vegetable of worth Rs. 4,000 annually. However, almost all the households are growing vegetables for their own consumption.
Irrigation Service Fee

In order to pay the electricity charges and meet the minor maintenance requirements, two types of service fee are paid by each household. Every household is supplied with a meter, and each is charged Rs. 90 as a demand charge, plus Rs. 10 per 1,000 liters of water. On average about Rs. 12,000 is collected per month. Rs. 8,500 is paid to the operators, Rs. 2,200.00 is paid as electricity charges and the balance is kept in the maintenance account. According to the report of the users association, the users’ service fees run from Rs. 110 to Rs. 230 per month. A defaulter does not get water until he pays his back dues. The income and expenditure statement of last financial year 2010/2011 is given in Table 3.

<table>
<thead>
<tr>
<th>S.No.</th>
<th>Date</th>
<th>Income NRs.</th>
<th>Expenditure NRs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>2009/2010 (2066 /2067 VS)</td>
<td>30,122.00</td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td>2010 (2067)/03 month</td>
<td>12,140.00</td>
<td>29,948.00</td>
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<tr>
<td>3.</td>
<td>2010 (2067)/04 month</td>
<td>10,310.00</td>
<td>9,505.00</td>
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<tr>
<td>4.</td>
<td>2010 (2067)/05 month</td>
<td>13,530.00</td>
<td>10,793.00</td>
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<tr>
<td>5.</td>
<td>2010 (2067)/06 month</td>
<td>13,860.00</td>
<td>9,478.00</td>
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<tr>
<td>6.</td>
<td>2010 (2067)/07 month</td>
<td>14,040.00</td>
<td>9,440.00</td>
</tr>
<tr>
<td>7.</td>
<td>2010 (2067)/08 month</td>
<td>13,470.00</td>
<td>9,732.00</td>
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<tr>
<td>8.</td>
<td>2010 (2067)/09 month</td>
<td>13,340.00</td>
<td>9,818.00</td>
</tr>
<tr>
<td>9.</td>
<td>2010 (2067)/10 month</td>
<td>13,760.00</td>
<td>10,390.00</td>
</tr>
<tr>
<td>10.</td>
<td>2010 (2067)/11 month</td>
<td>13,770.00</td>
<td>19,416.00</td>
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<tr>
<td>11.</td>
<td>2010 (2067)/12 month</td>
<td>13,320.00</td>
<td>10,173.00</td>
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<tr>
<td>12.</td>
<td>2011 (2068)/01 month</td>
<td>13,200.00</td>
<td>12,774.00</td>
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<tr>
<td>13.</td>
<td>2011 (2068)/02 month</td>
<td>13,390.00</td>
<td>23,589.00</td>
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<tr>
<td>14.</td>
<td>2011 (2068)/03 month</td>
<td>12,480.00</td>
<td>9,921.00</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>200,732.00</td>
<td>174,977.00</td>
</tr>
</tbody>
</table>

Total balance is NRs. 25,755.00 (US$ 343.40)

Table 3. Income and Expenditure of Fiscal Year 2010/2011 AD (2067-2068 VS).

Environment and Health Impacts

It is said that water is life for all creatures. No one can survive without water. Basically water is used for drinking, washing, irrigation and hydro-electricity generation. For health and sanitation, the role of water is vitally important. Clean water may be counted as medicine, and the availability of clean spring water has reduced the occurrence of many stomach related illness in the households.

Conclusion

The availability of water in Ranibas village has not only reduced the burden of drudgery but at the same time has brought many opportunities to make life easier and improve the living standard. The households that were reluctant towards cattle rearing are now encouraged to have more cattle, which in turn not only provides them milk and milk products but also calves (especially bull calves for tilling) and organic manure for better vegetable crop production.

The availability of water also has a direct impact on their health, not only because they are free from drudgery but also through the improved food supplemented by nutritionally fresh vegetables. The availability of water has also great impact on the cleanliness of the surrounding environment and thus has reduced the risk of stomach problems.

This system is also a model system of public-private partnership (the DOI and BPC). The use of advanced technology (submersible pumps) for pumping the water high up to 330m is noteworthy. This system is one of the best examples of an inclusive approach towards the optimum utilization of resources-marginal land, water and social coherence. The agencies involved in the development of water resources should draw their attention towards replicating this approach in other part of the country.

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Dinesh Rajouria, MSc, Water Resources Management, is associated with Department of Irrigation since the last 15 years. He is Senior Divisional Engineer and has planned, designed and implemented many small and medium Irrigation systems. Fokshingkot Non-Conventional Irrigation System was conceived, designed and implemented under his supervision.

Padma Prasad Aryal, B.A. Sociology, is associated with irrigation systems mostly from the water user’s perspective. He was involved in the Andhi Khola irrigation systems run from the water supplied from the 5.1 MW Andhi Khola Hydel Project. He has been General Secretary (for six years) and central committee member (for five years) of the National Federation of Water Users Association of Nepal. Presently, he is involved in the Andhi Khola upgrading Project of Butwal Power Company, Ltd., working as a senior personal relations officer.

Corresponding address: akwuas@yahoo.com

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